



Lane Gastroenterology

Care You Can Count On

SUPREP INSTRUCTIONS

Patient name: _____

Date of Birth: _____

You are scheduled for the following procedures:

- Colonoscopy
- Esophagogastroduodenoscopy (EGD)

Date of Procedure: _____

Please arrive at _____:_____

Where To Go:

- Lane Endoscopy Center
6550 Main St
Zachary, LA 70791
*3RD FLOOR (EXIT ELEVATOR, DOOR TO THE RIGHT WITH BLUE WREATH)
- Lane Regional Medical Center
6300 Main St
Zachary, LA 70791
*1ST FLOOR (OUTPATIENT REGISTRATION)

YOU MUST HAVE AN ADULT DRIVE YOU TO AND FROM YOUR PROCEDURE. IF YOU DO NOT HAVE SOMEONE TO DRIVE YOU, YOU WILL BE RESCHEDULED.

If you have questions or need to cancel/reschedule your procedure please call **225-658-6780**.

THE DAY BEFORE

CLEAR LIQUIDS ONLY!!!

APPROVED LIQUIDS TO DRINK:

- Coffee or Tea (no creamer or milk)
- Fruit juices – apple, white grape, pineapple (no pulp)
- Jell-O, Popsicles – no red or purple
- Water
- Broth (chicken, beef, vegetable)
- Clear soda (Sprite, Ginger Ale, 7-up)
- Sport drinks – no red or purple

DO NOT:

- Eat anything
- Drink anything **RED OR PURPLE**
- Drink alcohol
- Take any other laxatives while taking SUPREP

At 5pm the day before your appointment you will start by taking the 1st dose of SUPREP followed by 40oz of clear liquids (water, juice, Powerade, Gatorade etc.).

THE DAY OF COLONOSCOPY

5 hours before your appointment you will take the 2nd dose of SUPREP followed by 40oz of clear liquids (water, juice, Powerade, Gatorade, etc.).

- **YOU MUST FINISH DRINKING AND HAVE NOTHING ELSE 2 HOURS BEFORE YOUR APPOINTMENT**
- **YOU MUST HAVE SOMEONE TO DRIVE YOU HOME**

Take Your Regular Medications the Morning of Your Procedure:

Most medications are safe to take 1 hour before starting the 2nd dose of SUPREP. Insulin and other diabetes medication should NOT be taken unless specifically instructed to do so. Blood thinners (ex: aspirin, Eliquis, Xarelto, Plavix, Brilinta, Coumadin) should NOT be taken.

Stop taking _____, _____ days before your procedure.