

Depend on our Expertise

All we need is a prescription for therapy from your physician. We will verify your insurance and schedule your initial visit.

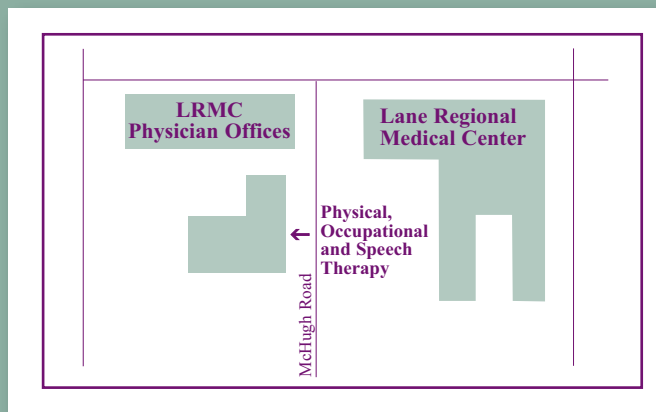
Then our friendly staff will be happy to find therapy times that fit into your busy schedule.

Just call 225-658-4578 for more information or to get help with a physician referral.



Referrals

Please call 225-658-4578 for a referral.



Location

Conveniently located in the heart of Zachary at 4801 McHugh Road next to Lane Regional Medical Center.



**Lane
Outpatient Therapy**

Care You Can Count On

4801 McHugh Road, Suite B
Zachary, LA 70791
Phone: 225-658-4578
Fax: 225-658-4557
LaneRMC.org

 **LANE OUTPATIENT THERAPY**



**Lane Regional
Medical Center**

Care You Can Count On



Clinical Excellence

Our professional staff consists of certified physical, occupational, and speech therapists. They are dedicated to applying innovative clinical pathways that ensure each patient receives the utmost in care on a personalized level.

Physical Therapy

Our physical therapists develop comprehensive plans of care that may include:

- Exercises to restore motion, strength, and a greater degree of independence
- Joint and soft tissue mobilization
- Neuromuscular reeducation
- Orthotic/prosthetic training
- Education and information specific to the injury or illness
- Dry needling to reduce muscle tightness and increase blood flow to the area



Occupational Therapy

Our occupational therapists focus on improving a patient's ability to perform activities of daily living. Treatment may include:

- Strengthening specific muscle groups to help restore fine and gross motor skills
- Comprehensive home exercise programs and patient education
- Instruction in adaptive living techniques, joint protection, work simplification, energy conservation, and motor coordination
- Customized adaptive equipment

Speech Therapy

Our speech-language pathologists offer comprehensive evaluation and treatment plans that may include:

- Improved functional communication skills and speech production
- Improved oral feeding and swallowing skills
- Improved memory and language or establishing compensatory strategies in these areas



Progressive Clinical Programming

Our outpatient program utilizes the latest techniques and equipment, and provides specialized services for various disorders.

Diagnoses

- Amputation
- Arthritis
- Balance disorders
- Brain injury
- Cancer
- Cardiac
- COPD
- Movement disorders
- Multiple trauma
- Neurological disorders
- Orthopedic conditions
- Parkinson's
- Post-surgical conditions
- Spinal dysfunction
- Sports-related injuries
- Stroke
- Work injuries