

## Louisiana Ear, Nose, Throat, and Sinus Specialty Group



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### Office Hours

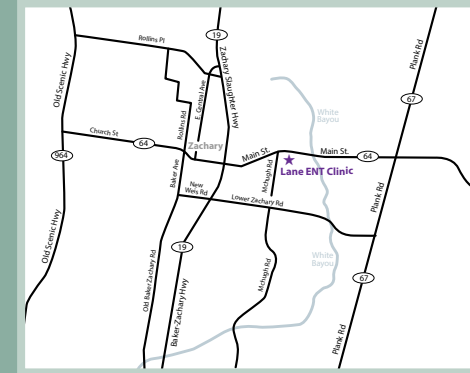
Monday-Friday:  
8:00 am - 4:30 pm

### Appointments

To schedule an appointment at Louisiana Ear, Nose, Throat, and Sinus Specialty Group, please call 225-658-4334.

### Insurance

Most commercial insurance, Medicare and Medicaid is accepted, and our office is pleased to help patients file insurance claims. Please bring your insurance card or information with you to your appointments.



### Location

Located at 6110 Main Street in the heart of Zachary with convenient parking.

For more information on ENT Services, please call

**Louisiana Ear, Nose, Throat, and Sinus Specialty Group**  
225-658-4334.



**Lane Regional Medical Center**

*Care You Can Count On*

6110 Main Street, Suite D  
Zachary, LA 70791  
225-658-4334

[LaneRMC.org](http://LaneRMC.org)

 **EAR, NOSE & THROAT**



**Lane Regional Medical Center**

*Care You Can Count On*



If things like seasonal allergies, sinus pressure, hearing loss or throat pain are throwing your life off balance, the physicians of Louisiana Ear, Nose, Throat and Sinus Specialty Group are here to help.

We specialize in medical and surgical treatment for pediatric and adult patients.

We care for common ENT concerns such as sinusitis and allergies as well as provide care for more complex conditions, diseases and injuries.

Using advanced diagnosis and treatment, our expertise includes caring for patients with cancers, thyroid disease and more.

### Allergies

If you suffer from seasonal or chronic allergies, we provide comprehensive allergy testing and customized treatment plans to help you breathe easier and enjoy an improved quality of living.

## Allergy Triggers and Symptoms

### Common allergy triggers include:

- **Airborne allergens** - such as pollen, animal dander, dust mites and mold
- **Certain foods** - particularly peanuts, tree nuts, wheat, soy, fish, shellfish, eggs and milk
- **Insect stings** - such as from a bee or wasp
- **Medications** - particularly penicillin or penicillin-based antibiotics
- **Latex or other substances you touch** - which can cause allergic skin reactions

### Hay fever, also called allergic rhinitis, can cause:

- Sneezing
- Itching of the nose, eyes or roof of the mouth
- Runny, stuffy nose
- Watery, red or swollen eyes

### A food allergy can cause:

- Tingling in the mouth
- Swelling of the lips, tongue, face or throat
- Hives
- Anaphylaxis

### An insect sting allergy can cause:

- A large area of swelling at the sting site
- Itching or hives all over the body
- Cough, chest tightness, wheezing or shortness of breath
- Anaphylaxis

### A drug allergy can cause:

- Hives
- Itchy skin
- Rash
- Facial swelling
- Wheezing
- Anaphylaxis

### A skin allergy can cause skin to:

- Itch
- Redden
- Flake or peel



## Ear, Nose & Throat Conditions

**Ear Problems** – which can cause hearing deficiencies, pain, and even permanent damage:

- Hearing loss
- Ear infections
- Balance disorders
- Tinnitus

**Nose Problems** – well beyond just colds, patients can have:

- Allergies
- Sinus infections
- Sinus diseases
- Problems with smelling
- Collapsed or deviated septum

**Throat Problems** – throat pain may also indicate:

- Tonsil and adenoid infections
- Diseases of the thyroid
- Diseases of the larynx (voice box)
- Upper respiratory infections
- Voice disorders
- Swallowing disorders

**Related structures of the head and neck,** which may include:

- Sleep apnea
- Neck and oral masses
- Benign and malignant tumors
- Removal of foreign objects

