

## WARNING SIGNS OF A HEART ATTACK

If you think you may be having a heart attack, call 911 immediately!!!

Every second counts. Delays increase the likelihood and amount of heart damage due to low oxygen. Time is muscle. So get medical help as quickly as possible. Heart attacks present a variety of warning signs...not simply chest pain. Warning signs include:

- Pressure, squeezing or pain in the center of the chest felt for several minutes or more or that comes and goes
- Pain that extends to arms, neck, jaws, ears or shoulders
- Chest discomfort with lightheadedness, fainting sweating, nausea or shortness of breath
- Unusual type of chest or stomach pain
- Unexplained nausea or dizziness
- Shortness of breath and difficulty breathing
- Unexplained weakness or fatigue
- Heart palpitations, cold sweat or paleness



## Location

Located within Lane Regional Medical Center, the Lane Cardiovascular Center has its own entrance with convenient parking.





6300 Main Street Zachary, LA 70791 225-658-6765

LaneRMC.org







## **Our Physicians**

## Deepak Thekkoott, M.D.

- Board Certification Internal Medicine, Cardiovascular Disease, Interventional Cardiology, Nuclear Cardiology, Echocardiography, Cardiovascular Computed Tomography, and Endovascular Medicine
- Medical Education Imperial College of Medicine
- Residency Maimonides Medical Center
- Fellowship Maimonides Medical Center

### Babu Jasti, M.D.

- Medical Education Kasturba Medical
  College
- Internship Cook County Hospital
- Residency Cook County Hospital
- Fellowship Thomas Jefferson
  University

## Charles Thompson, M.D.

- Board Certification Cardiovascular Disease and Cardiovascular Computed Tomography
- Medical Education Louisiana State
  University School of Medicine
- Residency Earl K. Long Medical Center
- Fellowship Louisiana State University Medical Center

## Nayan Agarwal, M.D.

- Board Certification Cardiology, Internal Medicine, Echocardiography and Nuclear Cardiology
- Medical Education Maulana Azad Medical College
- Internship University of Florida
- Residency University of Florida
- Fellowship University of Florida

To make an appointment, please call 225-654-1559.



# CARE.

One simple word says so much. And when the subject is heart care, this humble word has many meanings.

It begins with **human touch** – the friendly, compassionate, personal attention that makes every patient feel like the only patient.

It continues with **commitment** – from a team of world-class physicians, skilled nurses and experienced staff members.

It's an **investment** – in the latest and greatest technology and science featuring the most advanced tools and equipment, brand new state-ofthe-art facilities, and expertly trained emergency response and cardiac intervention teams.

It's **never ending** - because our team shares a common purpose: providing the highest quality heart care possible.





## What Does Lane Cardiovascular Center Provide?

#### **Emergency Services**

24-hour emergency department staffed by emergency medicine specialists

### **Pre-Risk Assessments & Diagnostic Services**

- EKG
- Stress Test
- Vascular ultrasound
- MRI
- 80 Slice CT (Computed Tomography)
- Echocardiography
- Holter Monitors
- Nuclear Medicine Studies
- Arterial-Venous Dopplers Lower/Upper Extremities
- Coronary Artery Calcium Scoring
- Abdominal Aortic Aneurysm (AAA) screening
- Ankle brachial index (ABI) screening
- Tilt Table testing

## Peripheral Vascular Services

- Interventional Cardiologists
- Vascular surgery
- Interventional radiology

## Cath Lab Procedures

- Diagnostic Cardiac and Peripheral Catheterizations
- Angioplasty (PTCA)
- Atherectomy
- Rotoblator for peripheral arterial disease (PAD)
- Stent Placement
- Opening blocked coronary arteries
- Removal of artery plaque
- (IVUS) Intravascular Ultrasound
- Insertion of Pacemakers
- Automatic Implantable Cardioverter Defibrillator (AICD)
- Carotid Angiograms
- Carotid Stenting
- Cardioversion
- IVC Filter Placement
- Loop Recorder Placement
- Transesophageal Echo (TEE)
- V Tach Studies

# **State of the Art Technology**

If you are having a heart catheterization, ask your cardiologist if you are a candidate for these techniques:

- Transradial access through the wrist instead of the groin. Benefits include:
  - Much less pain and discomfort
  - Virtually no bleeding complications
- Significantly faster recovery time
- Quicker mobility (no need to lie flat for 4-6 hrs)
- Earlier discharge, most go home same day
- Emboshield to protect the brain while placing a carotid artery stent
- Orbital devices, such as the Diamondback 360, to remove arterial blockages caused by Peripheral Arterial Disease (PAD)
- CROSSER ultrasound-assisted catheter to enable angioplasty in extreme cases of Peripheral Vascular Disease (PVD) in the legs
- ILUMIEN PCI Optimization system to identify precise measurements of narrowed arteries responsible for blocking blood flow to the heart
- Supera Stent to treat long lesions with low radiation exposure
- ILUMEN AERIS pressure wire to measure blood pressure within the arteries
- Impella, the world's smallest heart pump, to relieve the heart's pumping function during cardiac interventions
- The S-ICD System, the world's first subcutaneous implantable defibrillator, to treat patients at risk for sudden heart attacks